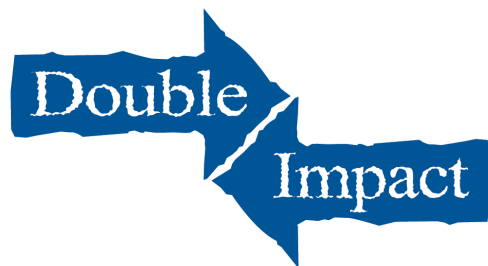


What next?

The evidence for aftercare following
substance misuse treatment

3 May 2006

East Midlands Conference Centre
Nottingham



Supported by



Nottingham City
Drug & Alcohol Action Team



framework
opening doors to homeless and vulnerable people

Purpose of the conference

There has been considerable debate in recent years over the availability and the most appropriate approaches to treatment for drug and alcohol misuse. Regardless of the nuances of the arguments, two principles seem to be universally accepted: that treatment is cost effective in reducing dependency, and that more of it should be available. Indeed, the government's approach - through the National Treatment Agency - is increasingly to divert resources to treatment. We can therefore reasonably expect a significant increase in treatment services in the coming years.

However, the long term positive impact of treatment for substance misuse is frequently undermined by the experience of the service user post treatment. Resources available for organised and integrated aftercare following treatment are extremely limited. Yet the anecdotal evidence available suggests that aftercare is a significant contributory factor to staying drug or alcohol free and to re-integrating as a useful member of society. This in turn means a much better quality of life for the service user, and a reduced financial burden on the state.

Double Impact has provided wide ranging aftercare services in Nottingham for 8 years, with excellent results which it can demonstrate. However, to date, there has been virtually no nationally coordinated effort to review aftercare services, to build an evidence base, and to promote good practice. These actions are urgently needed.

The conference aims to:

- Raise the profile of aftercare services by demonstrating the successes of some imaginative local initiatives
- Demonstrate the benefits of building aftercare services with the active involvement of service users, and the importance of choice and self help in all aspects of aftercare
- Demonstrate the need for a nationwide review of aftercare services, with a subsequent benchmarking exercise leading to the sharing of good practice

Delegates will be able to benefit from the Chill Out Zone - a chance to feel relaxed and energised! A range of complementary therapy taster sessions will be provided by the Holistic Health Team, from 10am to 2pm.

Who should attend

- Substance misuse practitioners
- Government departments
- DAATs, Drug Prevention Service, NTA
- Agencies which work with clients who misuse (or previously misused) drugs or alcohol
- Community police
- Probation service
- Prison service
- Local authority social services, community safety and social housing providers
- Community health practitioners including GPs, nurses and mental health professionals
- Professional associations with an interest in substance misuse
- Employment and training agencies

An electronic programme is available on www.doubleimpact.org.uk

Agenda (subject to change)

- 9.30 - 10.00 Registration and coffee
- 10.00 - 10.10 **Opening remarks**
Chairperson - Graham Miller, Service Manager, Double Impact
- 10.10 - 10.40 **Developing a strategy for aftercare, innovative initiatives and future plans**
Grantley Haynes, Crack Strategy Manager, Birmingham DAT;
and Vice Chair, COCA
- 10.40 - 11.10 **Sustaining recovery from dependent drug use**
Professor Jim McIntosh, co-author of Beating the Dragon, Deputy Director,
Centre for Drug Misuse Research and Emeritus Professor of Social Policy,
University of Glasgow
- 11.10 - 11.30 Open forum
- 11.30 - 12.00 Coffee and Chill Out Zone
- 12.00 - 1.00 **WORKSHOPS**
- 1. Service user involvement**
Glen Jarvis & Steve Youdell, Service User Involvement Team,
Nottingham Crime & Drug Partnership
 - 2. Addressing housing needs**
Dave Newmarch, Framework Housing Association
 - 3. Working with Black and Minority Ethnic groups**
Yaser Mir, Centre for Ethnicity & Health, University of Central Lancashire,
and Ash Sethi, Diversity Lead, Nottinghamshire DAAT
 - 4. Criminal Justice interventions**
Mark Joyce, Addaction Cleveland
 - 5. Aftercare services for women**
Derek Buchanan, Broadreach Aftercare Service, Devon
 - 6. Education, training and employment**
John Prescott, Double Impact
 - 7. Alcohol in substance misuse aftercare**
Dr Ira Unell, Leicester University
 - 8. Accessing funding for aftercare services** (presentation plus Q&A)
Trish Pogue, Commissioning Manager, Nottinghamshire DAAT,
Sally Hughes, Commissioning Manager, Nottingham City DAAT; Graham Miller,
Service Manager, Double Impact
 - 9. How self help can complement aftercare**
Narcotics Anonymous
- 1.00 - 2.00 Lunch and Chill Out Zone
- 2.00 - 3.05 **WORKSHOPS** - repeat of workshops above (with refreshments)
- 3.05 - 3.30 **Holistic therapies and the ongoing treatment of substance misusers**
Pip Bateman, Director, Holistic Health Team Ltd; project coordinator of Healthy
Highs at Double Impact
- 3.30 - 4.00 **Open forum on issues arising from the day**
- 4.00 Close of conference

Delegate fee

Full rate: £150.00

Reduced rate: £120.00

(limited number of places, only available to small registered charities with 5 or less employees)

Service user rate: £100.00. A limited number of free service user places are available, sponsored by Framework. Block bookings are discouraged as places will be allocated as widely as possible.

The delegate fee includes lunch, all refreshments and a delegate pack, and a free taster session in complementary therapies in the Chill Out Zone.

To book a place

A booking form is enclosed which contains full terms and conditions of booking. Once completed, please return the form to Central Conference Consultants Limited.

Fax the booking form to 0115 916 3106

Or post it to Central Conference Consultants Ltd, 23 Barratt Lane, Attenborough, Nottingham NG9 6AD.

Please highlight on your form any special requirements such as diet or access. Please also ensure that you select **two** workshops.

Company practice is to respond within seven working days, so if you have not received a written response, please telephone 0115 916 3104 to ensure that your booking form has been received.

Venue

The conference takes place at East Midlands Conference Centre (part of the University of Nottingham), University Park, Nottingham NG7 2RJ.

Free parking is available adjacent to the venue. The nearest rail station is Beeston (on the Nottingham - London route), but many more connections are available from Nottingham rail station (approximately 3 miles).

Directions and details of accommodation in Nottingham will be mailed out with your letter of confirmation.

Enquiries

If you have any queries about the conference, please contact:

Central Conference Consultants Limited on
0115 916 3104 or email **ccclimited@aol.com**

